Aveley Junior Football Club Inc.
A.B.N. 81 603 471 751 | **www.aveleyfootballclub.com.au**
Turkich Parade Oval, Bolero Road, Aveley | PO Box 2379, Ellenbrook WA 6069

MOUTH GUARD AND HELMET POLICY

Aveley Junior Football Club has developed this policy in line with the AFL Community Club Policy, which can be found at www.AFLCommunityClub.com.au (under health and fitness). The purpose of this policy is to outline the Club's position in regard to players wearing mouth guards and helmets.

Mouth guards

- Mouth guards have a definite role in preventing injuries to the teeth and face of players and for this reason they are strongly recommended at all levels of football by the AFL.
- Mouth guards made by a dental technician or dental prosthetist are recommended, as this type of mouthguard offers the best protection. Mouth guards purchased from a pharmacy and then moulded as per the instructions may not offer the same level of protection. In some cases they have been known to dislodge during play and may potentially block the airway.
- Aveley Junior Football Club strongly recommends that all players participating in any form of the game specifically at the Junior level, should wear an appropriately fitted mouth guard. Mouth guards are NOT included as part of the clubs player kit provided upon registration. Fittings for mouth guards are available from most local Dentists and Health Insurance can be used to reduce costs. While we are not endorsing any particular business, we are aware of the following dental clinics who provide fitted mouth guards:
  - WA Dental, 3/150 Coolamon Boulevard
  - Coolamon Dental Centre, 56 Mornington Parkway
  - Ellenbrook Dental Clinic, 14 Main Street

Helmets

- There is some evidence that younger players who wear a helmet may change their playing style, and receive more head impacts as a result. Accordingly, helmets are not recommended for the prevention of concussion. As per information outlined in the AFL Community Club's Helmet & Mouthguard Policy, 'there is no definitive scientific evidence that helmets prevent concussion or other brain injuries in Australian football'. Wearing of helmets may offer some protection to a player who is returning from a specific injury, such as a facial or skull injury / fractures.
- Aveley Junior Football Club supports the AFLs policy, however the club understands some parents may choose for their child to wear a helmet while playing. This is acceptable at both training and games, however wearing of helmets must first be approved by Swans District Under By-Law 31 (Protective Gear). The player (parent) must complete the application on page 2 with supporting doctors reports for approval by Aveley Junior Football Club and Swans District.

Date:	**Item:**
16 APR 2018	**Drafted**
16 MAY 2018	**Adopted by Committee**
16 MAY 2019	**For Review**

WEST AUSTRALIAN FOOTBALL COMMISSION INC.

play AFL

PERMISSION TO WEAR PROTECTION EQUIPMENT APPLICATION FORM

Player name: _____ District: _____

Club: _____ Team Age: _____

Reason: Medical Advice or Personal Division: _____

Team Name: _____

If the reason is medical, please provide Doctors report: YES / NO

Type of protection equipment: _____

If the reason is personal please provide a brief explanation for the application:

_____

_____

_____

- All protection equipment must be constructed of non-metallic materials.
- Straps should be kept firmly to the equipment and not flailing.
- All protection equipment must be inspected and approved by a Junior Competition Executive member prior to use within fixtures organised by the Junior Competition.

Signed Parent of Guardian: _____ Date: _____

Signed Player *(over 16)*: _____ Date: _____

_____

This application for the above player to wear protection equipment was APPROVED by:

Name: _____ Committee Position: _____

Date: _____

Copy to be retained by the player Junior Club Registrar, the Player Team Manager and the District Registrar.

A copy of this form needs to be produced upon request by the Field Umpire officiating the match.

Any doctor's reports should be copied and attached to all copies of this application.