Aveley Junior Football Club Inc.
A.B.N. 81 603 471 751 | www.aveleyfootballclub.com.au
Turkich Parade Oval, Bolero Road, Aveley | PO Box 2379, Ellenbrook WA 6069

Pregnancy Policy

Sports Medicine Australia has developed guidelines entitled "Participation of the Pregnant Athlete in Contact and Collision Sports".

The guidelines are intended to provide recommendations to the pregnant athlete and sporting organisations on safe participation in contact and collision sports during pregnancy.

Summary of the guidelines follows:
Football is classified as an unlimited contact and collision sport;
• Contact or collision is frequent and maybe quite forcible,
• A high risk of falls, blows to the abdomen and contact with a projectile exists,
• In a normal pregnancy, participation can only be recommended during the first trimester.

Recommendations:
• Display a copy of the summary of the statement issued by the Medicine and Science for Women in Sport committee of the Australian Sports Medicine Federation on club notice board so that players can make an informed decision about playing,
• Encourage any player that is pregnant to seek the advice of a medical professional,
• Provide a safe environment for all footballers.

Insurance and the Pregnant Player
• The pregnant player is provided with the same personal accident policy that is provided for all registered members of the football leagues. However, the player is not covered if the resultant injury is found to be due to the pregnancy. NO cover is provided for the unborn baby.

Date	Item
March 2019	**Drafted**
April 2019	**Adopted by Committee**
April 2020	**Review**

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